

Christmas



At Christmas some places will be closed.



Parent Voice will close on Dec 22nd

Parent Voice will open again on Jan 2nd.

More Help



<https://www.dimensions-uk.org/my-support/>

AskSARA

<http://asksara.dlf.org.uk>



<https://www.samaritans.org/>



116 123



Carers Listening Line



08000 3 23456



[http://www.sane.org.uk/what we do/support/](http://www.sane.org.uk/what_we_do/support/)

