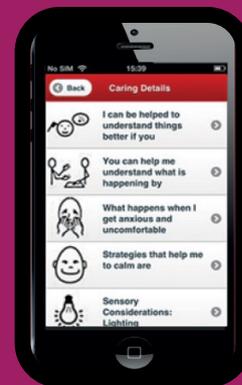


Autism Alert App and Helpful Apps List

Includes Smart Phone Loan Information



Apps can be useful for people who have autism to help them with everyday tasks, routines, communication or coping with stress. An App is a piece of software that can be downloaded onto a smart phone or other electronic device.



List of useful Apps on the Local Autism Directory (LAD)

We are creating a list of useful Apps on the LAD. Use the LAD link below and select the APP category in the search bar or contact Community Access to request a list.

<http://www.autismhampshire.org.uk/local-autism-directory/directory/>

Share if you care

If you can recommend Apps which would be useful for people who have autism, please let the team at Community Access know so they can share this information on the LAD.

Autism Alert App

Autism Hampshire provides the Autism Alert App, which enables people who have autism to share information about their autism and support their autism. These can be used by young people and adults who live in Hampshire (including Southampton, Portsmouth and Isle of Wight)

- The App is held on a Smart Phone. You can also have an alert card.
- If you would like an Autism Alert App contact Community Access, Autism Hampshire for an application form.
- You can decide which information goes on your App and who sees it.
- Information you chose to include might be emergency contact details, information about how your autism affects your communication or sensory issues you may have.
- Autism Hampshire hold your details on a secure central data base and you can ask them to add or change your details.
- Hampshire Police Officers and other emergency service personnel receive autism and alert card/app awareness training. The app can also be used to explain your autism to any professional, family member or friend you chose to share it with.

- The app is part of the Autism Alert programme which includes the Autism Alert card and car sticker.

Smart Phone Loan

If you would like to be able to use Apps but don't have a smart phone, Autism Hampshire have a limited supply of smart phones which you may be able to borrow at very low cost. Anyone who is over 18, has autism and who lives in Southampton, Hampshire, Isle of Wight or Portsmouth is eligible to apply. Each application will be reviewed by an independent panel and you will be informed of the panel's decision within 6 weeks of applying. For more information or to apply for a smart phone loan, contact Community Access Autism Hampshire.

Community Access - Southampton,

3 Bassett Avenue, Southampton, Hampshire, SO16 7DP

Tel: 02380 766 162

Email: communityaccess@autismhampshire.org.uk

Community Access - Portsmouth,

Frank Sorrell Centre, Prince Albert Road, Southsea, Hampshire, PO4 9HR

Tel: 02392 814 723

Email: communityaccess@autismhampshire.org.uk

Service supported by:

Frank Mistlebrook Foundation, George Cadbury Trust, Chandlers Ford and District Round Table and Hampshire Autism Voice.

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Hampshire
County Council



Portsmouth
CITY COUNCIL



Autism Hampshire takes no responsibility for any damage or loss, which may be incurred as a result of action taken on information contained in this document.

Acceptance of the individual and their autism

A culture of continuous learning and personal growth for all

Personalised strategies developed with and for the person with autism

Charity Reg No: 288141