

# Try Before You Buy Resource Lending Service



The Community Access team at Autism Hampshire are developing a set of resources such as weighted blankets, ear defenders and compression vests, which can be viewed and borrowed free of charge\* for a trial period.

\*Refundable deposit required.



**Why Try Before You Buy** - there are many resources available to purchase which may help people who have autism. This service enables people with autism to try a resource to see if it meets their needs, before they purchase it. We also aim to raise awareness of useful resources that are available.

**Who can borrow** - the resources are available to borrow for adults, young people and children with autism who live in **Southampton, Hampshire, Portsmouth and Isle of Wight.**

### How to borrow

- Email, telephone or write to our Community Access team arrange to borrow an item.
- Collect the item from either the Southampton or Portsmouth office or by arrangement at a support group.
- Pay a refundable deposit, provide proof of your address and sign a loan agreement.
- Return the item at the end of the agreed loan period.

**Examples of what is currently available to view or borrow** - pocket weighted blankets, other weighted items such as lap pads, shoulder wraps, cap, wrist weights and weighted jackets, compression vests ( various sizes and styles), timers, ear defenders and more...

**Where** - resources are available at both of our Community Access offices, in Southampton and Portsmouth, where you can arrange to view the items by appointment. Our officers will also take items to some of our support group meetings and other events for people to view.

For more information and a full list of items available please contact the Community Access team.

**Community Access - Southampton** 3 Bassett Avenue, Southampton, SO16 7DP

Tel: 02380 766 162, Email: [communityaccess@autismhampshire.org.uk](mailto:communityaccess@autismhampshire.org.uk)

**Community Access - Portsmouth**

Frank Sorrell Centre, Prince Albert Road, Southsea, Hampshire, PO4 9HR

Tel: 02392 814 723, Email: [communityaccess@autismhampshire.org.uk](mailto:communityaccess@autismhampshire.org.uk)

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Autism Hampshire takes no responsibility for any damage or loss, which may be incurred as a result of action taken on Information contained in this document.

*Acceptance of the individual and their autism*

*A culture of continuous learning and personal growth for all*

*Personalised strategies developed with and for the person with autism*

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